Now I can tell you how to use it in short words:

1. Take calibrator and test this side, see the below photo



2. just press the probe of MBJ20 to calibrator or press calibrator to MBJ20 probe vertically, as below photo:



3. then there is a value shows on the MBJ20 screen. If the value is from 0 to 1.5, then it means the test result is correct. If the value is not in this range, then we should calibrate it. For example, the value is "2.0", then we should

decrease it to range 0 to 1.5

Regarding to how to calibrate it, please read the user manual Chapter 7.4. And here I send the latest user manual for your reference in attachment.